# TWO-YEAR D.EL.ED (ODL) PROGRAMME

# **COURSES OF STUDY**

I Core	Courses (09)
DELED -01	Childhood, Child Development and Learning
DELED- 02	Education in Contemporary Indian Society
DELED -03	Understanding Languages and Early Language Development
DELED -04	Towards Self-Understanding (Part I & Part II)
DELED- 05	Understanding Society, Education and Curriculum
DELED -06	Emerging Gender and Inclusive Perspectives in Education
DELED -07	School Culture, Leadership and Teacher Development
DELED -08	Early Childhood Care and Education
DELED -09	Pedagogy and ICT Integration across the Curriculum-
II. Peda	gogy Studies (11)
i) Compulsor	y Pedagogic Courses(First Year)
DELED -10	Pedagogy of Hindi Language (for Primary Level)
DELED -11	Pedagogy of English Language (for Primary Level)
DELED- 12	Pedagogy of Mathematics (for Primary Level )
DELED -13	Pedagogy of Environmental Studies (for Primary Level)
ii) Optional H	Pedagogy Courses for Second year (Select Two Pedagogy Courses: One from
Group A and	One from Group B)
Group A	
DELED-14	Pedagogy of Hindi Language(for Upper Primary Level)
DELED-15	Pedagogy of English Language(for Upper Primary Level)
DELED-16	Pedagogy of Urdu Language (for Upper Primary Level)
DELED-17	Pedagogy of Sanskrit Language (for Upper Primary Level)
Group B	
DELED-18	Pedagogy of Social Science Education(for Upper Primary Level)
DELED-19	Pedagogy of Science Education(for Upper Primary Level)

DELED-20	Pedagogy of Mathematics Education(for Upper Primary Level)
III. Value Based Courses (06)	
DELED -21	Proficiency in English-I (First Year)
DELED -22	Proficiency in English-II (Second Year)
DELED-23	Creative Drama, Fine Arts and Education -I (First Year)
DELED-24	Creative Drama, Fine Arts and Education -II (Second Year)
DELED-25	Yoga, Physical and Health Education
DELED-26	Work and Education
IV. Teaching Practice and School Internship (03)	
DELED- 27	Core Training and Pre-Internship
DELED-28	Internship –I (First Year)
DELED -29	Internship- II (Second Year)

# **D.El.Ed (ODL) First Year Courses**

# DELED-01: CHILDHOOD, CHILD DEVELOPMENT AND LEARNING

#### **BLOCK-I CHILDHOOD**

Unit-I Introduction to Childhood

Unit-II Social Development in Childhood

Unit-III Socialization of Children and Childhood

Unit-IV Acquiring Knowledge about Children

#### **BLOCK-II PERSPECTIVES IN DEVELOPMENT**

Unit-I Physical and Motor Development

Unit-II Emotional Development

Unit-III Language Development

Unit-IV Self and Moral Development

#### BLOCK-III COGNITION AND COGNITIVE DEVELOPMENT

Unit I Attention

Unit II Mental Abilities and Cognitive Development

Unit III Individual Differences and Cognitive development

#### **BLOCK - IV CONCEPT AND PROCESS OF LEARNING**

Unit-I Introduction to Learning

Unit-II Perspectives of Learning and Its Implication in Classroom Teaching

Unit-III Facilitating Concept Formation

Unit-IV Attention Deficit and Learning Disabled Children

#### **DELED-02:EDUCATION IN CONTEMPORARY INDIAN SOCIETY**

#### **BLOCK- I UNDERSTANDING ABOUT INDIA**

Unit-I: India: Historical Evolution

Unit-II: India as Geo-political Entity

Unit-III: India as a Society: Characteristics and Nature

Unit-IV: India as Cultural Identity

#### **BLOCK-II INDIA UNDER COLONIALISM**

Unit-I: India under British Rule:

Unit-II: Education under Colonialism

Unit-III: India: Emergence from the Freedom Struggle

Unit-IV: Freedom struggle and Vision of India

#### **BLOCK III: CONTEMPORARY INDIA: NORMATIVE VISION**

Unit-I: Making of the Constitution of India

Unit-II: Constitution of India: Basic Philosophy and Features

Unit-III: Constitution of India and Educational Provisions

Unit-IV: Educational Development since independence: Issues

#### **BLOCK-IV INDIA: ECONOMY AND DEMOCRACY**

Unit-I: India as Evolving Nation State

Unit-II: India as Developing Economy: Salient Features

Unit-III: Development Economy of India: Paradoxes and contradictions

Unit-IV: Democracy in India

# DELED-03:UNDERSTANDING LANGUAGE AND EARLY LANGUAGE DEVELOPMENT

#### **BLOCK - I NATURE OF LANGUAGE**

Unit I: What is Language?

Unit II: Language Diversity and Multilingualism

Unit III: Understanding How Language is acquired and developed

#### BLOCK -II LANGUAGE DEVELOPMENT

Unit I: Language Acquisition and Learning

Unit II: Literacy and Language Learning

Unit III: Language and Curriculum Transaction

Unit IV: Language Development in Classroom

**DELED-04:TOWARDS SELF UNDERSTANDING (PART – I)** 

#### **BLOCK-I: UNDERSTANDING THE SELF**

Unit-I: Self: Meaning and Dimensions

Unit-II: Self and Socialization

Unit-III: Understanding Self Formation

#### **BLOCK-II: SELF AND SCHOOLING**

Unit- I: Schooling and Self formation: a critical study

Unit- II: Evolving a 'constructive self' as a teacher

Unit- III: Themes for workshop to become humane teacher

#### TOWARDS SELF UNDERSTANDING (PART – II)

#### Strand A

- 1. Journal Writing
- 2. Writing Tasks

#### Strand B

Workshop 1: A significant event or experience in life

Workshop 2: Learning to Observe (and to Listen)

Workshop 3: Mindfulness in the classroom

Workshop 4: *Understanding working in groups* 

Workshop 5: *Viewing and analyzing film(s)* 

Workshop 6: Celebration of an iconic cultural figure (e.g. Kabir/Tagore/

Seminar 1: Glimpses of different childhoods in India

Seminar 2: Selection of short readings and dialogue

Seminar 3: The Role of science and religion in Society

Seminar 4: Education and environmental crises

## DEIED- 10:हिन्दी भाषा शिक्षण

## Pedagogy of Hindi (First Year)

# खण्ड-1 भाषा (उत्पत्ति, क्षेत्र, महत्त्व)

इकाई-1 भाषा की उत्पत्ति

इकाई-2 हिन्दी का स्वरुप

इकाई-3 हिन्दी भाषा का क्षेत्र

इकाई-4 हिन्दी भाषा का महत्त्व

### खण्ड-2 गद्य एवंपद्य

इकाई-1 पद्य शिक्षण

इकाई—2 गद्य शिक्षण

इकाई-3 कथा शिक्षण

इकाई-4 जीवनी शिक्षण

#### खण्ड–3 व्याकरण

**इकार्ड-1** व्याकरण शिक्षण

इकाई- 2 हिन्दी व्याकरण

इकाई- 3 शब्द शिक्षण

इकाई-4 वाक्य शिक्षण

#### खण्ड-4 रचना शिक्षण

इकाई-1 कहानी रचना

**इकाई**— 2 निबन्ध रचना **इकाई**—3 पत्र रचना **इकाई**—4 पल्लवन

#### **DELED-11:PEDAGOGY OF ENGLISH(First Year)**

#### BLOCK- I ISSUES OF TEACHING OF ENGLISH AT THE ELEMENTARY STAGE

Unit-I. Teaching English as a second language:

Unit-II. The Nature of language

Unit-III. Language learning

#### **BLOCK- II APPROACHES IN TEACHING OF ENGLISH**

Unit-I. Understanding Learners and Teaching Learning

Unit-II: Approaches for teaching

Unit-III: Methods of teaching

#### BLOCK-III PEDAGOGICAL SHIFT IN APPROACHES

Unit- I: Shift from Behavioral to Cognitive

Unit-II: Mode of Teaching and Learning

Unit-III The Cognitive and Constructivist Approach

#### **BLOCK-IV: CLASSROOM TRANSACTION PROCESS**

Unit I: The Modular transaction

Unit II: Reading

Unit III: Post-reading

#### **DELED-12:PEDAGOGY OF MATHEMATICS (FIRST YEAR)**

#### **BLOCK-I UNDERSTANDING ABOUT MATHEMATICS**

Unit. 1 Introduction to Mathematics

Unit 2 Perspective about Mathematical Knowledge

Unit.3 Mathematics Learning Process

#### **BLOCK 2: PLANNING AND TRANSACTION OF MATHEMATICS CURRICULUM**

Unit -1 Methods of Mathematics learning and teaching

Unit -2 Understanding of Text Books

Unit. 3 Classroom Planning and Transaction.

Unit –4 Assessment in Mathematics

#### BLOCK-3 COUNTING, NUMBERS AND ITS APPLICATION

Unit. I Understanding numbers and representation of numbers

Unit 2: Mathematical Operation with numbers-I
Unit 3: Mathematical Operation with numbers- II

Unit 4: Fraction and Decimals

#### BLOCK 4: SHAPES, PATTERNS AND MEASUREMENT

Unit.1 Shapes
Unit. 2 Patterns

Unit. 3 Measurement

#### **DELED-13:PEDAGOGY OF ENVIRONMENTAL STUDIES**

#### **BLOCK-I LEARNING EVS**

Unit-I. EVS as a Concept

Unit-II. EVS as an integrated area of study

Unit-III. Understanding Children's Ideas

Unit-IV. Cognition and learning

#### BLOCK-II METHODS AND APPROACHES OF TEACHING EVS

Unit-I. Learner centered approaches

Unit-II. Strategies of teaching EVS

Unit-III. Enhancing learning

Unit-IV. Exemplars of Teaching

#### **BLOCK-III EFFECTIVE CLASSROOM INSTRUCTION**

Unit-I. Planning and Teaching

Unit-II. Use of natural resources

Unit-III. Man made resources

Unit-IV. Assessment and Evaluation

#### **BLOCK-IV TEACHING CONCERNS**

Unit-I. Development of textbook of EVS

Unit-II. EVS for all

Unit III. Professional development of teacher

## **DELED-21:PROFICIENCY IN ENGLISH-I** (First Year )

#### BLOCK -I DEVELOPMENT OF LISTENING, SPEAKING AND READING SKILLS

UNIT-I Listening Skill

UNIT-II Sound system of language

UNIT-III Speaking skill

UNIT-IV Reading skill

#### BLOCK-II GRAMMAR AND VOCABULARY DEVELOPMENT – PART I

UNIT-I The Sentence

UNIT-II Parts of Speech -I

UNIT-III Parts of Speech- II

UNIT-IV Parts of Speech- III

#### **DELED-23:CREATIVE DRAMA, FINE ARTS AND EDUCATION-I**

#### **BLOCK: ART EDUCATION**

Unit-I: Background and Objectives of Art Education

Unit-II: Art Education and its Integration in School Education

Unit-III: Teaching Content in Art Education

Unit-IV: Methods of Teaching in Art Education

Practicum

#### **DELED-28: INTERNSHIP-I**

#### D.El.Ed. (ODL) Second Year

## DELED-05:UNDERSTANDING SOCIETY, EDUCATION AND CURRICULUM

#### BLOCK- I PHILOSOPHICAL UNDERSTANDING OF EDUCATION

thinkers-I
thinkers-Il
n thinkers

#### **BLOCK- II NORMATIVE FOUNDATIONS OF EDUCATION**

Unit -I	Aims of	Education

Unit-II Aims of Education: Change and Continuity

Unit-III Education, Politics and Society

#### **BLOCK-III INDIAN EDUCATION: CONSTITUTIONAL COMMITMENT**

Unit-I Education as Right in India: A Brief Historical Journey

Unit-II Education as Right in India: A Brief Historical Journey

Unit-III Right to Education Act in India

Unit-IV Constitutional Commitment to Education: Concerns and issus

#### BLOCK-IV KNOWLEDGE, CURRICULUM, LEARNER AND LEARNING

Unit-I Understanding Knowledge

Unit-II Knowledge Selection and Curriculum

Unit-III Curriculum Organization

Unit- IV Curricular Knowledge and Learning

# DELED—06:EMERGING GENDER AND INCLUSIVE PERSPECTIVES IN EDUCATION

#### **BLOCK -I INCLUSIVE EDUCATION**

Unit-I Inclusive Education: An Introduction (I)
Unit-II Inclusive Education: An Introduction (II)

Unit-III Children with Diverse Needs (I)

Unit-IV Children with Diverse Needs (II)

#### **BLOCK- II INCLUSIVE EDUCATION AND ITS PRACTICES**

Unit-I Inclusive Education: Instruction and Assessment -I

Unit-II Inclusive Education: Instruction and Assessment -II

Unit-III Inclusive Schools

Unit-IV Teachers Role in Inclusive Education

#### **BLOCK-III GENDER, SCHOOL AND SOCIETY**

Unit-I Gender: Concept and Perspectives

Unit-II Social Construction of gender identity

#### BLOCK-IV INTEGRATION OF GENDER AND INCLUSION PERSPECTIVES

Unit 1. Gender and Curriculum Transaction

Unit 2. Strategies for Change

#### DELED-07:SCHOOL CULTURE, LEADERSHIP AND TEACHER DEVELOPMENT

#### BLOCK I: STRUCTURES AND PROCESSES OF THE INDIAN EDUCATION SYSTEM

Unit-I School as a learning Organization

Unit -II School Education: Structures and Processes

Unit-III Developing School Culture

Unit- IV School Effectiveness and School Standards

#### **BLOCK II: SCHOOL LEADERSHIP AND MANAGEMENT**

Unit-I School Management

Unit-II Types of Leadership:

Unit-III Transformational Leadership in schools

Unit-IV Change Facilitation in Education

#### **BLOCK-III: CLASSROOM MANAGEMENT**

Unit I: Classroom Management: an Overview

Unit II: Discipline

Unit III: Managing Behavior

#### **BLOCK 4: TEACHER PROFESSIONAL DEVELOPMENT**

Unit-I: Teacher Education: An Overview

Unit-II: Recommendations of various commissions and committees concerning Teacher

Education system

Unit -III: Professional Ethics and Accountability

#### DELED-08:EARLY CHILDHOOD CARE AND EDUCATION

#### **BLOCK I: UNDERSTANDING ABOUT ECCE**

Unit I Early Childhood Care and Education : An Introduction

Unit II Contributions of Philosophers and Thinkers to ECCE

Unit III Types of pre-school programmes

#### **BLOCK II: UNDERSTANDING LEARNERS AND LEARNING PROCESS**

Unit I- Growth and development of child

Unit II- Early learning challenges and school Readiness

Unit III- Common ailments at the Pre-School age

#### **BLOCK III: PLANNING AND TRANSACTION**

Unit I Curriculum Development of ECCE

Unit II Developmental activities

Unit III Resources for Development and Learning

Unit- IV Evaluation of children's competency

#### **BLOCK4: ISSUES RELATED TO ECCE**

Unit- I Marinating a developmentally appropriate and inclusive class

environment of children

Unit II Parental involvement in pre-school education

#### DELED-09: PEDAGOGY AND ICT INTEGRATION ACROSS THE CURRICULUM

#### **BLOCK-I BASICS OF ICT**

Unit-I Basic Concepts of Communication

Unit-II Introduction to Information and communication Technology

Unit-III ICT Based Resource
Unit-IV ICT Access and Equity

#### BLOCK-II APPLICATIONS OF COMPUTERS

Unit-I: Basics of Computers

Unit-II: Computer Applications

Unit-III Application of Internet in Education

Unit-IV Individualized Instruction

#### BLOCK-III ICT BASED TEACHING AND LEARNING

Unit-I: ICT Based Teaching Learning Strategies

Unit-II: Innovation in ICT

Unit-III: Open Educational Resources (OERs)
Unit-IV: Issues and Challenges in ICT Applications

# BLOCK IV ICT INTEGRATION WITH PEDAGOGY AND EVALUATION

#### **PRACTICES**

Unit-I. ICT Integration with Pedagogy Practices- I
Unit II ICT Integration with Pedagogy Practices-II
Unit III Integration with Evaluation Practices

# **DELED-14:Pedagogy of Hindi (Second Year)**

# हिन्दी भाषा शिक्षण

खण्ड-1- हिन्दी भाषा एवं शिक्षण

ईकाई-1 मातृभाषा के रुप में हिन्दी

ईकाई-2 द्वितीय एवं तृतीय भाषा

**ईकाई-3** हिन्दी भाषा ध्वनि विचार

**ईकाई–4** मानक हिन्दी

खण्ड-2 हिन्दी भाषा कौशल

**ईकाई–1** हिन्दी भाषा कौशल

ईकाई-2 बोलना (वाचन)

ईकाई-3 लिखना (लेखन)

ईकाई-4 पढ़ना (पठन)

खण्ड–*3* 

*ईकाई—1 पद्य शिक्षण* ईकाई— 2 गद्य शिक्षण

ईकाई-3 विधाशिक्षण

ईकाई-4 नाटकशिक्षण

खण्ड- 4 हिन्दी व्याकरण

ईकाई—1 व्याकरणशिक्षण

ईकाई— २ पल्लवन ईकाई—3 संक्षेपण

ईकाई-4 अपठितगद्याशं-पद्यांश

#### **DELED-15:PEDAGOGY OF ENGLISH LANGUAGE (SECOND YEAR)**

#### **BLOCK-I: LANGUAGE CLASSROOM AND LANGUAGE SKILLS**

Unit I: English Language Classroom

Unit II: Developing English Language Skills – I

Unit III: Developing Language Skills –II

Unit IV: Developing Writing Skills

#### **BLOCK -II : LITERATURE IN CLASSROOM**

Unit-I: Types of texts

Unit- II: Various literary genres

Unit -III: Engaging with poems and stories

Unit- IV: Using language/ literature across the curriculum.

#### **BLOCK -III: TEXTBOOKS AND BEYOND**

Unit- I: Understanding of text books

Unit-II: Beyond Text books

#### **BLOCK IV: PLANNING AND EVALUATION**

Unit- I: Planning for teaching -Learning

Unit- II: Basic Concepts of Evaluation

Unit III- Evaluation in Practice

#### DELED-16

Diploma in Elementry Education (D.Ele.Ed-IInd Year)

# Pedagogy of Teaching Urdu

طريقه تدريس اردو

بلاک۔ ا اردوزبان۔ آغاز، ارتقاء، مقام اور تدری مقاصد Urdu Language-Origin, Development, Status and

بلاک۔ اردوزبان کے تدریسی طریقے (Methods of Teaching Urdu)

(Teaching Skills of Urdu Language, Its بلاک۔ ۳ اردوزبان کی بنیادی مہارتوں کی تدریس، اسکے طریقہ کارومنصوبہ بندی

Methods and Planning)

بلاک یم نصاب، معلم کی خصوصیات، تعین قدر (Curriculum, Characteristics of a Teacher, Evaluation)

#### DELED-17

# संस्कृत भाषा शिक्षण

(Pedagogy of Teaching Sanskrit)

# प्रथम ब्लॉक संस्कृत भाषा की अवधारणा एवं संवर्धन हेतुप्रयास

प्रथम एकक संस्कृत भाषा की अवधारणा एवं महत्त्व द्वितीय एकक संस्कृत—संवर्धन के लिए विशिष्ट प्रयास तृतीय एकक संस्कृत—संवर्धन के लिए विशिष्ट प्रयास चतुर्थ एकक संस्कृत—संवर्धन के लिए विशिष्ट प्रयास

# द्वितीय ब्लॉक संस्कृत शिक्षण के उद्देश्य एवं सिद्धान्त

प्रथम एकक संस्कृत शिक्षण के उद्देश्य द्वितीय एकक संस्कृत शिक्षण के व्यावहारिक उद्देश्य तृतीय एकक संस्कृत शिक्षण के सिद्धान्त चतुर्थ एकक संस्कृत शिक्षण के लिए श्रव्य—दृश्य उपकरण तृतीय ब्लॉक संस्कृत भाषा कौशल

प्रथम एकक श्रवण कौशल द्वितीय एकक संभाषण कौशल तृतीय एकक पठन कौशल चतुर्थ एकक लेखन कौशल चतुर्थ ब्लॉक संस्कृत गद्य, पद्य एवं व्याकरण पाठयोजना एवं मूल्यांकन

प्रथम एकक संस्कृत गद्य योजना द्वितीय एकक संस्कृत पद्य पाठ योजना तृतीय एकक संस्कृत व्याकरण पाठ योजना चतुर्थ एकक मूल्यांकन विधि

#### DELED-18 PEDAGOGY OF SOCIAL SCIENCE EDUCATION

# Unit-II Concept of Social Science Education Unit-III Social Science in Elementary Education Unit-III Aims and Objectives of Teaching Social Science Unit-IV Social Science and Elementary School Curriculum

#### BLOCK-II PERSPECTIVES OF SOCIAL SCIENCE AT ELEMENTARY STAGE

Unit-I	History as a Social Science Subject
Unit-II	Civics as a Social Science Subject
Unit-III	Geography as a Social Science Subject
Unit-IV	Economics as a Social Science Subject

#### **BLOCK-III PEDAGOGY OF SOCIAL SCIENCE**

Unit-I	Approaches and Methods of Teaching Social Science
Unit-II	Cognition, Learning and Teaching Social Science
Unit-III	Teaching Learning Resources for Social Science
Unit-IV	Planning for Effective Teaching of Social Science

#### BLOCK-IV EVALUATION IN SOCIAL SCIENCE SUBJECT

Unit-I	Basic Concept of Evaluation
Unit-II	Evaluation of Resources in Social Science
Unit-III	Hard Spots in Social Science Teaching
Unit-IV	Issues and Challenges before the Society

#### **DELED-19 PEDAGOGY OF SCIENCE EDUCATION**

#### **BLOCK-I UNDERSTANDING SCIENCE**

Unit-I.	Understanding Environment
Unit-II.	Children's ideas of some scientific Concepts
Unit-III.	Nature of science and objectives of its teaching
Unit-IV.	Science and its relationship with other disciplines

#### **BLOCK-II COGNITION AND LEARNING**

Unit-I.	Cognitive development and implications for learning I –
Unit-II.	Cognitive development and implications for learning II –

Unit-III. Enhancing Learning Unit-IV. Methods of Teaching

#### **BLOCK-III CLASSROOM PROCESSES**

Unit-I.	Planning Teaching
Unit-II.	Assessment and Evaluation
Unit-III.	Evaluation in Practice
Unit-IV.	Dealing with hard spots

#### **BLOCK-IV SCIENCE FOR SOCIETY**

Unit-1.	Science for all
Unit-2.	Environmental Concerns
Unit-3.	Professional development of the teacher
Unit-4	Use of textbook

#### DELED-20 PEDAGOGY OF MATHEMATICS EDUCATION

#### BLOCK-I MATHEMATICAL REASONING AND LEARNING

Unit.I Mathematical Reasoning

Unit.II Children's Conceptualisation of Mathematics

Unit III Learning of Mathematics

#### BLOCK -II CLASSROOM PRACTICES IN MATHEMATICS

Unit-I Communicating Mathematics.
Unit II Building a constructivist Classr

Unit II Building a constructivist Classroom

Unit III Resources for Mathematics Teaching-Learning

Unit IV Issues about Assessment in Mathematics.

#### **BLOCK 3: ARITHMETIC AND DATA HANDLING**

Unit. I The Number System.
Unit. II Arithmetic's in daily life.
Unit III Practical Arithmetic
Unit IV Data Handling

#### **BLOCK-4 ALGEBRAIC AND GEOMETRIC THINKING**

Unit.I Algebra thinking-I Unit.II Algebra thinking-II

Unit.III Geometric ways of looking at space and shapes-I Unit IV Geometric ways of looking at space and shapes-II

#### **DELED-22:PROFICIENCY IN ENGLISH-II**

#### BLOCK-I DEVELOPMENT OF WRITING SKILL

UNIT-I Writing skill: An introduction UNIT-II Mechanism of writing skill

UNIT-III Types of Writing and Their Examples

UNIT-IV Improving writing skills

#### BLOCK-II GRAMMAR AND VOCABULARY DEVELOPMENT – PART II

UNIT-I Sentences

UNIT-II Transformation of Sentences

UNIT-III Non finite verbs

UNIT-IV Vocabulary Development

#### **DELED-24: CREATIVE DRAMA, FINE ARTS & EDUCATION-II**

#### BLOCK 1: BACKGROUND AND PEDAGOGY OF DRAMA EDUCATION

Unit-I: Drama and Education

Unit-II: Drama Education and its Integration in School Education

Unit-III: Drama Education and its Integration in School Education

Unit-IV: Drama approach and method

#### **DEIED-25:YOGA, PHYSICALANDHEALTH EDUCATION**

#### BLOCK1. YOGA AND ITS PERSPECTIVE

Unit-I. Yoga: An Introduction

Unit-II. Historical perspectives on Yoga:

Unit-III. Patanjalis Yoga Unit-IV. Contemporary Yoga

#### **BLOCK2.** YOGA IN DAILY LIFE

Unit-I. Yogic Practices

Unit-II. Meditation

Unit-III. Importance of Yoga in School. Unit-IV. Bandha, Mudra and Kriyas

# BLOCK 3: PHYSICAL EDUCATION AS INTEGRAL TO HEALTH AND

#### **EDUCATION.**

Unit-I Physical Education:

Unit-II Physical Education and Play.

Unit-III Linkages to Physical Education and Health Education

# BLOCK 4: UNDERSTANDING HEALTH AND WELL-BEING AND CHILDREN'S' HEALTH

Unit-I The meaning of health and well-being

Unit-II Health Hazards

Unit-III Food and Nutrition, Hygiene, Sanitation.

Unit-IV Disease, Morbidity and Mapping

#### **DELED-26:WORK AND EDUCATION**

#### BLOCK-1: CONCEPT AND IMPORTANCE OF WORK EDUCATION

Unit-I: Work education
Unit-II: Manual Work

Unit-III: Historical perspective of work education

#### **BLOCK-2: CONCEPT OF SKILL LEARNING IN WORK EDUCATION**

Unit-I: Skill Learning

Unit-II: Skill Learning activities in the growth and development of children;

#### **DELED-27: CORE TRAINING AND PRE-INTERNSHIP**

#### **DELED-28 INTERNSHIP-I**

# **DELED-29 INTERNSHIP-II**